

BREAK SPACE GUIDELINES

- Limit the number of people in the break room.
- Implement social distancing at all times.
- Wear a face mask/covering unless eating or drinking.
- Do not share food or drinks.
- Wipe down surfaces such as countertops, appliance handles, etc. after use.
- Wash or sanitize hands before and after eating or drinking in the break space.
- Food and drinks are NOT permitted in lab/research areas.
- Common break space food and beverage items should not be utilized (e.g. shared coffee pots, shared water pitchers, etc.)



SOCIAL DISTANCING IN RESEARCH LABS

- Maintain distance between lab workers—6 feet is required at all times unless closer proximity is absolutely necessary for research activity—while maintaining lab safety.
- Maintain social distancing and wear face masks/coverings at all times unless experiments or space don't allow.
- Stagger seating at lab benches to maintain 6 foot distance and sit facing the same direction.
- Schedule or reserve shared spaces, cores, or shared equipment to maintain social distancing.
- Only have one person at a time in small rooms like tissue culture rooms.



FACE MASK/COVERING GUIDELINES

- Face masks/coverings must be worn at all times, regardless of social distancing.
- Face masks/coverings do not need to be worn when eating or drinking, when isolated in a private office or vehicle, or when use adversely affects an individual's safety or health (e.g., when face mask/covering is incompatible with equipment or type of experiment being performed).
- Use only snug-fitting face masks/coverings in the lab, and ensure that no part of face mask/covering hangs down from your face.
- Disinfect the reusable face mask/covering after every use. Discard disposable face masks/coverings after every use or at the end of the day.
- Wash or sanitize hands before putting on a face mask/covering and immediately after removing it.
- Remove the face mask/covering from behind without touching the front.



EVERYDAY GENERAL DISINFECTION GUIDANCE FOR RESEARCH SPACE/LABORATORIES

- Follow CDC guidance at all times, for the latest cleaning and disinfection guidance visit <https://www.cdc.gov/coronavirus/>
- Disinfect high-touch surfaces when you arrive at and leave from the work area for the day.
- Disinfect shared spaces and equipment every time you use them.
- Use protective equipment as needed.
- Wash heavily soiled areas or items with soap and water first, then disinfect with 10% bleach, 70% ethanol solution, or other EPA-approved disinfectant, ensuring indicated contact time.
- Dispose of cleaning materials and disposable equipment in lab trash. If you have any questions about proper disposal, please contact Vanderbilt Environmental Health and Safety at vumc.org/safety or (615) 322-2057.
- Wash your hands and wrists with soap and water for at least 20 seconds.

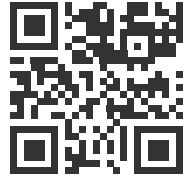


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